



**PRAIRIE MOUNTAIN HEALTH
SANTÉ PRAIRIE MOUNTAIN**

November 16, 2020

YMCA Before and After School Program
813 26th St.
Brandon, MB R7B 2B6

Dear Parent/Guardian of Students that attend the YMCA Before and After School Program,

Manitoba public health officials advised YMCA Before and After School Program on November 16, 2020 of a confirmed case of COVID-19 in the program on Nov 9, 10, 12, 2020 when they may have been infectious.

The YMCA Before and After School Program is working closely with public health officials and following their recommendations.

Be assured that public health investigations to identify individuals who may have been exposed begin within 24 hours of a confirmed laboratory test. Anyone identified as a close contact will be contacted by phone or letter and provided instructions for self-isolation (quarantine). Testing may also be recommended.

Based on the public health investigation, this exposure was assessed to be low risk. The infection was not believed to be acquired at school. Close contacts connected to the case have been identified and advised to self-isolate. Anyone who is a close contact has received a close contact letter or phone call from public health.

Please note: The YMCA Before and After School Programs are not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not received a close contact letter or phone call from public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit <https://www.gov.mb.ca/covid19/updates/testing.html>, or call Health Links—Info Santé at 204788-8200 or toll-free at 1-888-315-9257.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath / difficulty breathing	Pink eye (conjunctivitis)

Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 11 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Mahmoud Khodaveisi
Medical Officer of Health
Prairie Mountain Health

